



Author Guidelines

- Articles not published or submitted for publication elsewhere accepted in either Turkish or British English.
- If article is produced from a paper presented at a scientific meeting or from a project or thesis, it can be accepted provided that this is clearly stated.
- The "Copyright Agreement Form" must be signed by the author(s) and sent to the journal for the purpose of transferring the copyright of accepted articles. The responsibility of the opinions in the published articles belongs to the author(s).
- The language of the manuscripts submitted to the journal should be Turkish or English. Submitted manuscripts should be clear and understandable, in accordance with scientific criteria in terms of language and expression.
- Manuscripts submitted for publication should not exceed approximately 10,000 words, including abstracts and references, except in exceptional circumstances.
- After the abstract, there should be an extended English summary of at least 750 words.
- The similarity in the studies submitted to the journal (excluding the bibliography) must be 20% or less.

Format

- Pages should have 2 cm spacing from right, left, bottom and top.
- In the main parts of the article, the font should be in Times New Roman 11 font size, 1.15 line spacing and justified.
- Paragraphs should be started with a tab (1 cm) inside and "6 pt (inch)" spaces should be left between (before-after) paragraphs.
- When a block citation is made, the entire citation must be within one tab (1 cm). When the citation is finished, the reference should not be forgotten (Source, year: page number).

Structure

- Article Name
- Abstract
- Extended Summary (English)*
*The extended English summary should be written under the following five headings. Must have at least 750 words in total. [1-)Purpose 2)Design/Methodology/Approach 3-)Findings 4-)Practical Implications 5-)Originality / Value]
- 1. Introduction
- 2 Literature Review
- 3. Method and Results
- 4. Evaluation and Conclusion
- References
- Appendices

Article Name

- On the first page in Turkish and English, it is written in 14 points, centered on the page and only the first letters are capitalized.

Abstract

- The article should have an abstract of 100-150 words (in Turkish or English, whichever language the article is in, the abstract in that language is put first). In addition, minimum 3 and maximum 7 keywords should be included for the article.

Headings

- Numbers (such as 1., 1.1., 1.1.1.) should be given in the titles of the article starting from the introduction. Level 1 in headings in all uppercase letter and 12 points; At Levels 2 and 3, each word must start with a uppercase letter and be 12 points; At Level 4 and beyond, only the first letter of the first word should be capitalized, 12 points and italicized.

Tables, Graphs, Figures and Pictures

- Table names are above the table; graphic, figure and picture names should be placed under it. The texts and numbers of tables, graphics, figures and pictures should be 10 points.
- Figures, pictures, graphics and tables should be numbered and centered on the page.
- Line spacing should be 1.0 in texts in tables and figures, and lines should not have top and bottom spaces. Tables should be justify two sides of the window. (This should be done after setting the top, bottom, right, left 2 cm spacing for the margins of the general structure of the page)

Using In-Text Citations

Citations should conform to the APA (American Psychological Association) style. It should be based on the 7th edition of the APA. Examples to be used in citing references are given below.

Parenthetical citation: (Hare & O'Neill, 2000)

Narrative citation: Hare and O'Neill (2000)

Parenthetical citation: (Joly et al., 2008)

Narrative citation: Joly et al. (2008)

With page number

(Hare & O'Neill, 2000, p. 22)

(Hare & O'Neill, 2000, pp. 22-26)

Please go to the next page..

Generating a List of References at the End of the Article

Note : For the authors to see it easily, a rectangle sign is placed in front of the most used reference types.

This guide contains examples of common types of APA Style references. Section numbers indicate where to find the examples in the *Publication Manual of the American Psychological Association* (7th ed.).

More information on references and reference examples are in Chapters 9 and 10 of the *Publication Manual* as well as the *Concise Guide to APA Style* (7th ed.). Also see the [Reference Examples](#) pages on the APA Style website.

□ Journal Article (Section 10.1)

Edwards, A. A., Steacy, L. M., Siegelman, N., Rigobon, V. M., Kearns, D. M., Rueckl, J. G., & Compton, D. L. (2022). Unpacking the unique relationship between set for variability and word reading development: Examining word- and child-level predictors of performance. *Journal of Educational Psychology*, 114(6), 1242–1256. <https://doi.org/10.1037/edu0000696>

Online Magazine Article (Section 10.1)

Thomson, J. (2022, September 8). Massive, strange white structures appear on Utah’s Great Salt Lake. *Newsweek*. <https://www.newsweek.com/mysterious-mounds-great-salt-lake-utah-explained-mirabilite-1741151>

Print Magazine Article (Section 10.1)

Nicholl, K. (2020, May). A royal spark. *Vanity Fair*, 62(5), 56–65, 100.

Online Newspaper Article (Section 10.1)

Roberts, S. (2020, April 9). Early string ties us to Neanderthals. *The New York Times*. <https://www.nytimes.com/2020/04/09/science/neanderthals-fiber-string-math.html>

Print Newspaper Article (Section 10.1)

Reynolds, G. (2019, April 9). Different strokes for athletic hearts. *The New York Times*, D4.

Blog Post (Section 10.1)

Rutledge, P. (2019, March 11). The upside of social media. *The Media Psychology Blog*.
<https://www.pamelarutledge.com/2019/03/11/the-upside-of-social-media/>

Authored Book (Section 10.2)

Kaufman, K. A., Glass, C. R., & Pineau, T. R. (2018). *Mindful sport performance enhancement: Mental training for athletes and coaches*. American Psychological Association.
<https://doi.org/10.1037/0000048-000>

Edited Book Chapter (Section 10.3)

Zelege, W. A., Hughes, T. L., & Drozda, N. (2020). Home-school collaboration to promote mind-body health. In C. Maykel & M. A. Bray (Eds.), *Promoting mind-body health in schools: Interventions for mental health professionals* (pp. 11–26). American Psychological Association.
<https://doi.org/10.1037/0000157-002>

Online Dictionary Entry (Section 10.3)

American Psychological Association. (n.d.). Internet addiction. In *APA dictionary of psychology*. Retrieved April 24, 2022, from <https://dictionary.apa.org/internet-addiction>

Report by a Group Author (Section 10.4)

World Health Organization. (2014). *Comprehensive implementation plan on maternal, infant and young child nutrition*. https://apps.who.int/iris/bitstream/handle/10665/113048/WHO_NMH_NHD_14.1_eng.pdf?ua=1

Report by Individual Authors (Section 10.4)

Winthrop, R., Ziegler, L., Handa, R., & Fakoya, F. (2019). *How playful learning can help leapfrog progress in education*. Center for Universal Education at Brookings. https://www.brookings.edu/wp-content/uploads/2019/04/how_playful_learning_can_help_leapfrog_progress_in_education.pdf

Press Release (Section 10.4)

American Psychological Association. (2020, March 2). *APA reaffirms psychologists' role in combating climate change* [Press release]. <https://www.apa.org/news/press/releases/2020/03/combating-climate-change>

Conference Session (Section 10.5)

Davidson, R. J. (2019, August 8–11). *Well-being is a skill* [Conference session]. APA 2019 Convention, Chicago, IL, United States. https://irp-cdn.multiscreensite.com/a5ea5d51/files/uploaded/APA2019_Program_190708.pdf

Dissertation From a Database (Section 10.6)

Horvath-Plyman, M. (2018). *Social media and the college student journey: An examination of how social media use impacts social capital and affects college choice, access, and transition* (Publication No. 10937367). [Doctoral dissertation, New York University]. ProQuest Dissertations and Theses Global.

Preprint Article (Section 10.8)

Latimier, A., Peyre, H., & Ramus, F. (2020). *A meta-analytic review of the benefit of spacing out retrieval practice episodes on retention*. PsyArXiv. <https://psyarxiv.com/kzy7u/>

Data Set (Section 10.9)

O'Donohue, W. (2017). *Content analysis of undergraduate psychology textbooks* (ICPSR 21600; Version V1) [Data set]. Inter-university Consortium for Political and Social Research. <https://doi.org/10.3886/ICPSR36966.v1>

Film or Video (Section 10.12)

Docter, P., & Del Carmen, R. (Directors). (2015). *Inside out* [Film]. Walt Disney Pictures; Pixar Animation Studios.

TV Series Episode (Section 10.12)

Dippold, K. (Writer), & Trim, M. (Director). (2011, April 14). *Fancy party* (Season 3, Episode 9) [TV series episode]. In G. Daniels, H. Klein, D. Miner, & M. Schur (Executive Producers), *Parks and recreation*. Deedle-Dee Productions; Fremulon; 3 Arts Entertainment; Universal Media Studios.

Webinar (Section 10.12)

Kamin, H. S., Lee, C. L., & McAdoo, T. L. (2020). *Creating references using seventh edition APA Style* [Webinar]. American Psychological Association. <https://apastyle.apa.org/instructional-aids/tutorials-webinars>

YouTube Video (Section 10.12)

Above The Noise. (2017, October 18). *Can procrastination be a good thing?* [Video]. YouTube. <https://www.youtube.com/watch?v=FQMwmBNNOnQ>

Song or Track (Section 10.13)

Nirvana. (1991). *Smells like teen spirit* [Song]. On *Nevermind*. DGC.

Radio Broadcast (Section 10.13)

Hersher, R. (2020, March 19). *Spring starts today all over America, which is weird* [Radio broadcast]. NPR. <https://www.npr.org/2020/03/19/817237429/spring-starts-today-all-over-america-which-is-weird>

Podcast Episode (Section 10.13)

Santos, L. (Host). (n.d.) *Psychopaths and superheroes* (No. 1) [Audio podcast episode]. In *The happiness lab with Dr. Laurie Santos*. Pushkin Industries. <https://www.happineslab.fm/season-2-episodes/episode-1>

Infographic (Section 10.14)

American Psychological Association. (n.d.). *Data sharing* [Infographic]. <https://www.apa.org/pubs/journals/>

[data-sharing-infographic.pdf](#)

PowerPoint From a Classroom Website (Section 10.14)

Mack, R., & Spake, G. (2018). *Citing open source images and formatting references for presentations* [PowerPoint slides]. Canvas@FNU. <https://fnu.onelogin.com/login>

Tweet (Section 10.15)

Obama, B. [@BarackObama]. (2020, April 7). *It's World Health Day, and we owe a profound debt of gratitude to all our medical professionals. They're still giving* [Tweet]. Twitter. <https://twitter.com/BarackObama/status/1247555328365023238>

Open Educational Resource (Section 10.16)

Fagan, J. (2019, March 25). *Nursing clinical brain*. OER Commons. Retrieved January 7, 2020, from <https://www.oercommons.org/authoring/53029-nursing-clinical-brain/view>



Webpage (Section 10.16)

Chandler, N. (2020, April 9). *What's the difference between Sasquatch and Bigfoot?* howstuffworks. <https://science.howstuffworks.com/science-vs-myth/strange-creatures/sasquatch-bigfoot-difference.htm>

Webpage on a News Website (Section 10.16)

Machado, J., & Turner, K. (2020, March 7). *The future of feminism*. Vox. <https://www.vox.com/identities/2020/3/7/21163193/international-womens-day-2020>

Webpage With a Retrieval Date (Section 10.16)

Center for Systems Science and Engineering. (2020, May 6). *COVID-19 dashboard by the Center for Systems Science and Engineering (CSSE) at Johns Hopkins University (JHU)*. Johns Hopkins University & Medicine, Coronavirus Resource Center. Retrieved May 6, 2020, from <https://coronavirus.jhu.edu/map.html>